



RECREATION FALL 2020 BULLETIN

Please bring face coverings to all programs and follow any NYS and CDC regulations
Must be the required age at the start of any program

Online Program Registration

www.southamptontownny.gov/PARKSONLINE

In order to use the online registration system, you must have an account in our system. **First-Time Users Please Call (631) 728-8585.** All online registrations will be subject to a 2.5% non-refundable convenience fee.



ZUMBA
@ RED CREEK PARK
Fee: Res \$48 Non-Res \$58
Per Class(Drop in) Res \$13 Non Res \$15
TUESDAYS 6:15 – 7:15 PM
Session 3: 11/3, 11/10, 11/17, 11/24
AGE 16+
www.southamptontownny.gov/parksonline

**Zumba KIDS
@
Red Creek
Activity
Center**

ZUMBA KIDS
@ RED CREEK PARK
Fee: Res \$30, Non-Res \$40
Per Class(Drop in) Res \$9, Non Res \$11
TUESDAYS 5:30 – 6:00 PM
Session 1: 11/3, 11/10, 11/17, 11/24
AGE 8-15
www.southamptontownny.gov/parksonline

Zumba Kids – Red Creek Activity Center Age 8-15

Session 1 - 11/3, 11/10, 11/17, 11/24 (Tuesdays, 5:30pm – 6:00PM)
Fee \$30.00 Res Non-Res \$40.00 Per Class (Drop In)\$ 9.00 Res/Non Res \$11.00

A dance fitness class that can be a fun, energetic way to get cardio exercise perfect for everybody AND everybody!

Classes are a mix of low, medium, and high intensity moves for an interval style, calorie burning, and dance fitness party. Zumba provides a total workout combining cardio, muscle conditioning, balance and flexibility, boosted energy, and an amazing stress reliever! If you want to turn your frown upside down, get yourself into this Zumba class!

Garage doors will be open – spectators must stay outside.

Zumba – Red Creek Activity Center Age 16+

Session 3 - 11/3, 11/10, 11/17, 11/24 (Tuesdays, 6:15pm – 7:15pm)
Fee \$48.00 Res Non-Res \$58.00 Per Class(Drop in) \$13.00 Res/Non Res \$15.00