

Hampton Bays School District
72 Ponquogue Avenue
Hampton Bays, New York 11946
(631) 723-2121

ANTI BULLYING POSTER CONTEST!!

October 1, 2021

Teachers,

To kick off Bullying Prevention Week, the Speech, Psychology and Occupational Therapy departments are once again sponsoring an in-class poster contest. Some suggestions for posters are:

- Depict how you can help in a bullying situation
- Draw/write tips on preventing bullying
- What NOT to do if you are being bullied
- Display bucket filling behaviors

The students can draw their own posters, and one poster per grade will be selected as the winner. Please have all posters in to Mrs. Ferrari, Mrs. Lynch or Mrs. Casserly by the end of the day on **Tuesday, October 26th**, the winners will be announced on Friday morning (Oct. 29th). Honorable mentions and the winning posters will be hung on the bulletin board in the Kindergarten wing. Attached are some strategies you can go over with your students as part of Bullying Prevention Week.

Mrs. Ferrari-Mrs. Lynch-Ms. Escobar-Dr. Anselmo-Mrs. Casserly

- Have a campaign against bullying and harness energy of students by using poems, skits, posters, T-shirt design contest, door decorating contest, logo contest, songs, bracelets, peers for peace club, student council involvement, students could help make and discuss anti-bullying bulletin boards, banners and posters.
- Help students recognize and understand bullying.
- Encourage students to reflect on past bullying.
- Provide training in anger management.
- Place a *Notes-to-the-Teacher Box* on the corner of your desk for reporting bullying, complaints, observations of students obeying the Golden Rule, etc.
- Immediately and consistently respond to bullying.
- Empower bystanders (teach them how to respond when someone is being bullied).
- Model the Golden Rule yourself and do not reinforce bullying verbally or nonverbally.
- Ask students to display strengths (opportunities to shine).
- Publicly make positive comments regarding students – may influence thinking of listening students.
- Keep grades a private matter - avoid facial expressions and sounds that might indicate a poor grade.
- Respond immediately and consistently to bullying. Apply negative consequences but also use positive reinforcement for the opposite behavior and use non-punitive and pro-social strategies (i.e., No Blame Approach, The Problem-Solving Circle, Reverse Role-Playing, Method of Shared Concern, etc.).
- Investigate all rumors and unverified reports of bullying.
- Help students identify similarities.
- Focus on third enemy (water pollution, animal cruelty, etc.)—creates unity.
- Involve class in service projects—creates unity.
- Discuss models of acceptance (newspaper stories, television stories, movies, etc.).
- Ask students to track bullying on television.

Thank you and good luck!