



PARKS & RECREATION SUMMER BROCHURE 2024

RECREATION REGISTRATION
BEGINS MAY 1ST



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TOWN OF SOUTHAMPTON

PARKS & RECREATION DEPARTMENT

6 Newtown Road, Hampton Bays, NY 11946

(631) 728-8585 Fax (631) 728-8525

www.Southamptontownny.gov/PARKSREC

ONLINE REGISTRATION: www.Southamptontownny.gov/PARKSONLINE

PARKS & RECREATION PROGRAMS

WWW.SOUTHAMPTONTOWNNY.GOV/PARKSONLINE

REGISTRATION WILL OPEN ON WEDNESDAY, MAY 1 BEGINNING AT 8:30AM ONLINE, IN-PERSON AT OUR OFFICE OR BY PHONE.

We will respond as quickly as we are able but please expect high call volumes and wait times. Be sure to create a Recreation account **prior** to May 1st to allow you to register online and expedite the registration process.

HOW TO REGISTER FOR PROGRAMS:

You must have an account set up in our Recreation system in order to register for Programs.

If you already have an account in our Recreation system you may register online at www.Southamptontownny.gov/Parksonline, or by phone or in person during business hours at the Parks and Recreation Office, 6 Newtown Rd., Hampton Bays, (631) 728-8585.

If you do not have an account in our Recreation system you may open one by submitting proof of residency, proof of age for children and your phone number to ParksandRec@Southamptontownny.gov. Please call (631) 728-8585 if you need to verify whether you have an account with us already. Non-Residents may also open accounts but may not be eligible to register for all Programs.

PROOF OF RESIDENCY:

To open a Resident account in our registration system, residents or taxpayers must provide one of the following: current driver's license with Southampton Town address, current Southampton Town tax bill, recorded deed showing purchase of property within the year, or utility bills (electric, water or cable) with a Southampton Town address dated at least 12 months prior to application date. Children's proof of age, birth certificate or passport are acceptable. Leases are not accepted as proof of residency.

TERMS AND CONDITIONS:

Pre-registration with payment is required for all recreation Programs, except where noted in Program descriptions. Program fees cannot be pro-rated. A Program refund will be granted only if the request is made at least five (5) business days prior to the start of a Program, or if we cancel a Program due to insufficient enrollment or other reason. If payment is made with a credit card, your card will be refunded automatically. If payment with cash or check you must request a refund in person. A \$25 service fee will be charged for all checks returned by the bank.

All persons participating in Town of Southampton sponsored recreation Programs do so at their own risk. Participants are advised to consult with their physician prior to enrollment and participation in activities which may be strenuous. Participants must meet age requirements prior to the start of the Program.

ONLINE REGISTRATION INSTRUCTIONS:

Once you have an account set up in on our Recreation system you may register online. If you do not have an account please see the section “**How to Register for Programs**” on the previous page for guidance. Our online registration website can be found at



www.Southamptonrecreation.net

FIRST TIME USERS...

Please follow the steps below to access your account.

1. Click **REGISTER NOW**.
2. Enter your email address and click reset password.
3. An email will be sent to you to create a new password.
4. Once you create your new password you can begin to register for Programs.

TO REGISTER FOR A PROGRAM...

Once your password has been established

1. Click the **REGISTER NOW** button and sign into your account.
2. Use the **REGISTER NOW** drop down on the top menu to find course.
3. Click the course you would like and select participants.
4. Click **ADD TO CART**, you can now pay for the course or continue shopping.

If you are having difficulty logging in, need to set up an account or for more information please call (631) 728-8585.

PARKS & RECREATION PROGRAMS

WWW.SOUTHAMPTONTOWNNY.GOV/PARKSONLINE

YOUTH CAMPS & SPORTS INSTRUCTION

If weather conditions cause a cancellation every effort will be made to schedule a make-up class, however due to unpredictable weather make up classes cannot be guaranteed. Participants must meet age requirements prior to the start of the Program.



SOCCER CAMP - AGE: 5-11

Our Soccer camp gives players the opportunity to receive soccer instruction at a level that will both challenge them and ensure they have a fantastic experience at camp. Every camp is coached by our professional staff that is trained to encourage maximum participation, good sportsmanship, and above all - FUN! Recreational level players will learn the fundamentals needed to become efficient soccer players, concentrating on their technical development including passing, first touch, and shooting. Travel and academy players will learn more advanced technical skills while also working on the tactical side of the game. Players will develop both their decision making and strategic play in competitive match play situations.

Skills covered at camp: Shooting & attacking, 1v1's, skills & moves, dribbling, passing and control.

Other skills covered at camp: Rules of soccer, positional training, scrimmages, coordination, balance, agility and speed training.

Groups are separated by age and ability to ensure all players flourish in an optimum positive learning environment. All equipment need-ed for this camp will be provided by USA Sport Group.

This camp is open to both girls and boys.

Course#: SOCCER1

Location: [Red Creek Park](#)

Age: 5-11

Dates: 07/08/2024-07/11/2024

Day/Time: Mon, Tue, Wed, Thu 9:00AM-12:00PM

Fee: Res: \$199 Non-Res: \$219 (4 sessions)

SOFTBALL CAMP - AGE: 6-13

This softball camp is for all girls who play minor and little league softball. Girls will be separated by skill and age; The younger girls will learn the basic skills of throwing, catching, sliding, hitting, and running bases. While the older girls will be taught how to elevate their skills to the next level. Headed by Hampton Bays Varsity coach Rich Doulos, current and past assistant coaches (all college players) and former players who either played or are currently playing at the collegiate level. **Bring glove, cleats or sneakers and water bottle.**

Course#: SOFTBALL

Location: [Red Creek Park](#)

Age: 6-13

Dates: 07/22/2024 - 07/25/2024 (**Rain Date: Fri, July 26**)

Day/Time: Mon, Tue, Wed, Thu 9:00AM-12:00PM

Fee: Res: \$145 Non-Res: \$155 (4 sessions)

BASEBALL SCHOOL - AGE: 5-12

HAMptons Youth Baseball has been providing local youth baseball instruction for over 15 years. We provide quality instruction for athletes of all ages and skill levels in a positive and fun environment. The ultimate goal of our Program is to improve overall skills, confidence, and character by instilling the values of good sportsmanship. All of our instructors have extensive coaching and playing experience and are trained to teach all skill levels. Our coaching staff consists of professional coaches and players as well as current college players. **Each participant will receive a t-shirt. Bring glove, cleats or sneakers and water bottle.**

Every effort will be made to make up rained-out days, however, make-ups cannot be guaranteed. Must meet age requirement.

Course#: BASEBALL1

Location: [Red Creek Park](#)

Age: 5-14

Dates: 07/08/2024-07/11/2024 (**Rain Date: Fri, July 12**)

Day/Time: Mon, Tue, Wed, Thu 9:00AM-12:00PM

Fee: Res: \$225 Non-Res: \$235 (4 sessions) **\$25 discount for multiple week registration.**

Course#: BASEBALL2

Location: [Red Creek Park](#)

Age: 5-14

Dates: 07/22/2024-07/25/2024 (**Rain Date: July 26**)

Day/Time: Mon, Tue, Wed, Thu 9:00AM-12:00PM

Fee: Res: \$225 Non-Res: \$235 (4 sessions) **\$25 discount for multiple week registration.**

Course#: BASEBALL3

Location: [Red Creek Park](#)

Age: 5-14

Dates: 08/05/2024 - 08/08/2024 (**Rain Date: Aug 9**)

Day/Time: Mon, Tue, Wed, Thu 9:00AM-12:00PM

Fee: Res: \$225 Non-Res: \$235 (4 sessions) **\$25 discount for multiple week registration.**

BASKETBALL CAMP - AGE: 8-14

This four-day camp is designed to teach the fundamentals of basketball as well as the values of working with others in a team situation while having fun. The camp stresses positive reinforcement, learning improvement and fun. Must meet age requirement. **Sneakers and water bottle required.**

Course#: BASKETBLL1

Location: [Hampton Bays Middle School Gym](#)

Age: 8-14

Dates: 08/05/2024 - 08/08/2024

Day/Time: Mon, Tue, Wed, Thu 9:00AM -12:00PM

Fee: Res: \$145 Non-Res: \$155 (4 sessions)

Course#: BASKETBLL2

Location: [Hampton Bays Middle School Gym](#)

Age: 8-14

Dates: 08/12/2024 - 08/15/2024

Day/Time: Mon, Tue, Wed, Thu 9:00AM-12:00PM

Fee: Res: \$145 Non-Res: \$155 (4 sessions)

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MULTI-SPORTS CAMP - AGE: 5-11

Multi-Sports camp gives players the opportunity to experience over 10 different sports across a fun filled week of camp. Every camp is coached by our professional and energetic staff that is trained to encourage maximum participation, good sportsmanship, and above all – FUN! Our multi-sports camp is a must for children who are either new to playing sports and want to experience many different forms or for the sports enthusiast who just can't get enough! **Sports typically played:** Soccer, Lacrosse, Basketball, Pillo Polo , Baseball and more **Skills covered at camp:** Rules of each sport, techniques of each sport, team building and sportsmanship, coordination, balance, agility and speed training, lower and upper body workouts Groups are separated by age and ability to ensure all players flourish in an optimum positive learning environment. All equipment needed for this camp will be provided by USA Sport Group. Open to both girls and boys. If weather conditions cause a cancellation every effort will be made to schedule a make-up class, however due to unpredictable weather make up classes cannot be guaranteed.

Course#: MULTISPORT

Location: [Red Creek Park](#)

Age: 5-11

Dates: 08/05/2024-08/08/2024

Day/Time: Mon, Tue, Wed, Thu 9:00AM-12:00PM

Fee: Res: \$199 Non-Res: \$219 (4 sessions)

SUMMER FUN PLAYGROUND PROGRAM - AGE: 5-12

Residents ONLY (2 WEEKS per session) Two playground Programs will be offered to children who are Southampton Town residents* and attended elementary school (K-6) this past school year. Each Program will be staffed by counselors who will organize sports, arts & crafts, active & quiet games & special event days. Please provide your child with a drink and snack each day.

**If not a Town of Southampton Resident, a Sag Harbor School Report Card is required to attend. Please email it to ParksandRec@Southamptontownny.gov and proceed to get on list in the online registration Program. Register online or at Parks & Rec Office ONLY. Parent or Guardian MUST complete all waivers and documents. Participants can ONLY register for (1) camp session as space is limited but you may get on a wait-list for a second session. Child must have completed kindergarten and be 5 years old by 6/26/2024. There will be NO registration at the camps.*

Course#: SUMMERFUN1

Age: 5-12

Day/Time: Mon, Tue, Wed, Thu, Fri 9:00AM-12:00PM

Location: [Sag Harbor Mashashimuet Park](#)

Dates: 07/01/2024 - 07/12/2024

(No class July 4)

Fee: Res: \$100 (9 sessions)

Course#: SUMMERFUN2

Age: 5-12

Day/Time: Mon, Tue, Wed, Thu, Fri 9:00AM-12:00PM

Location: [Sag Harbor Mashashimuet Park](#)

Dates: 07/15/2024 - 07/26/2024

Fee: Res: \$100 (10 sessions)

Course#: SUMMERFUN3

Age: 5- 12

Day/Time: Mon, Tue, Wed, Thu, Fri 9:00AM-12:00PM

Location: [Red Creek Park](#)

Dates: 07/29/2024 - 08/09/2024

Fee: Res: \$100 (10 sessions)

Course#: SUMMERFUN4

Age: 5-12

Day/Time: Mon, Tue, Wed, Thu, Fri 9:00AM-12:00PM

Location: [Red Creek Park](#)

Dates: 08/12/2024 - 08/23/2024

Fee: Res: \$100 (10 sessions)



BEACH VOLLEYBALL CAMP - AGE: 9-13 (BEGINNERS)

This Program is designed to promote the enjoyment of this great summer sport. The Program will teach the basic fundamentals to the inexperienced players. Each meeting will involve group instruction, drills, and a variety of exciting games. In the event of rain/cancellations, an hour will be added to Friday's session. Must meet age requirement before start of Program. **Please note you will need a Town of Southampton Beach parking permit**

Course#: BEACHVBC

Location: [Tiana Beach](#)

Age: 9-13

Dates: 08/05/2024 - 08/09/2024

Day/Time: Mon, Tue, Wed, Thu, Fri 9:00AM-11:00AM

Fee: Res: \$115 Non-Res: \$135 (5 sessions)

BEACH VOLLEYBALL CAMP - AGE: 14-18 (ADVANCED)

This more advance Program is designed to improve upon skills of players who have played on a team before. The Program will review the basic fundamentals to help veteran players. Each meeting will involve group instruction, drills, and a variety of exciting games. Camp runs rain or shine unless there is intense rain/thunder/lightening. In the event of rain/cancellations, an hour will be added to Friday's session. Must meet age requirement before start of Program. **Please note you will need a Town of Southampton Beach parking permit**

Course#: BEACHVBC1

Location: [Tiana Beach](#)

Age: 14-18

Dates: 08/05/2024 - 08/09/2024

Day/Time: Mon, Tue, Wed, Thu, Fri 10:30AM-12:30PM

Fee: Res: \$115 Non-Res: \$135 (5 sessions)

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NEW SURF CAMP FOR BEGINNERS

Pre-requisites: Ages: 7-16, Participants must be able to swim 100 yards using the crawl stroke and tread water for 5 minutes without stopping.

Surf School strives to help all students fall in love with surfing, learning, and the ocean in a safe, fun, supportive, and collaborative environment. They use surfing as a means to exercise, encourage healthy habits, build self-confidence, make new friends, and learn about our marine environment.

**Please bring a towel, wear comfortable clothing and proper bathing attire. Water shoes suggested. Town of Southampton Beach Parking Permit required. Weather conditions and/or Program cancellation information for the Tiana Bay Programs may be obtained by calling the Parks and Recreation Department at (631) 728-8585 after 8:30AM. There will be NO refunds or make-up sessions for classes canceled due to poor weather conditions.*

Course#: SURF1*

Age: 7-16

Day/Time: Tue, Wed, Thu, 8:45AM-12:00PM

Fee: Res: \$550 Non-Res: \$575 (3 sessions)

Location: [Ponquogue Beach](#)

Dates: 07/23/2024 - 07/25/2024

(Make up class will be Friday.)

Course#: SURF2*

Age: 7-16

Day/Time: Tue, Wed, Thu, 8:45AM-12:00PM

Fee: Res: \$550 Non-Res: \$575 (3 sessions)

Location: [Ponquogue Beach](#)

Dates: 07/30/2024 - 08/01/2024

(Make up class will be Friday.)

EXPLORE OUR LOCAL

Partners & Facilities For Even More

SUMMER EXCITEMENT!



POXABOGUE GOLF CENTER

JUNIOR GOLF SUMMER Camp

To register go to
<https://www.poxgolf.com/camps-clinics/>



To register go to
<https://eastendvolleyball.volleyballlife.com>



Cornell University Cooperative Extension

To register for Cornell Cooperative Extension
Marine Art & Science Programs you must go to
<http://ccesuffolk.org/marine/fleet-and-facilities/tiana-bayside-facility>



PARKS & RECREATION PROGRAMS

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EXERCISE

Please bring your mat, water, towel.

GUTTS, BUTTS & TONE

A great 45 minute session alternating sculpting exercises to burn calories, tone muscles, and build strength with abdominal crunches. **Please wear sneakers. All Levels Welcome. Please bring your mat, water and towel.**

THURSDAYS (PM)

Course#: GUTTBUTST02 **Location:** [Squiretown Park](#)
Instructor: Heather Rollo **Age:** 16 and over
Dates: 07/11/2024-08/29/2024 **Day/Time:** Thu 6:00PM-7:00PM
Fee: Res: \$72 Non-Res: \$82 (8 sessions)

YOGA 4 FUN & FLEXIBILITY

Create balance in your body with simple and easy to follow poses and stretches. Release stress and tension, increase flexibility and balance, and improve your overall athletic and every day performance. Special attention paid to core and lower back. Every class is tailored to you. **Please wear comfortable clothing and bring a yoga mat and towel. All Levels Welcome.**

MONDAYS (PM)

Course#: YOGA4FUN4 **Location:** [Squiretown Park](#)
Instructor: Heather Rollo **Age:** 16 and over
Dates: 07/08/2024 - 08/26/2024 **Day/Time:** Mon 7:00PM-8:00PM
Fee: Res: \$72 Non-Res: \$82 (8 sessions)

THURSDAYS (PM)

Course#: YOGA4FUN5 **Location:** [Squiretown Park](#)
Instructor: Heather Rollo **Age:** 16 and over
Dates: 07/11/2024-08/29/2024 **Day/Time:** Thu 7:00PM-8:00PM
Fee: Res: \$72 Non-Res: \$82 (8 sessions)

STRENGTH & TONE

This class will incorporate a variety of strength and conditioning exercises using hand weights and mainly our own body weight. Designed to tighten and strengthen the core area and improve balance and flexibility. **Please wear sneakers. All Levels Welcome.**

SATURDAYS (AM)

Course#: STRNGTHTN4 **Location:** [Red Creek Park](#)
Age: 16 and over **Day/Time:** Sat 9:00AM-9:45AM
Dates: Session 3: May 4, 11, 18, June 1, 8, 15, 22, 29
Dates: Session 4: July 13, 20, 27 Aug 3, 10, 17, 24, 31
Fee: Res: \$72 Non-Res: \$82 (8 sessions)



FUNCTIONAL MOBILITY

Functional mobility training aims to improve both flexibility and mobility, ensuring that our bodies can move freely and efficiently in various activities and tasks, ultimately enhancing our overall physical performance and reducing the risk of injuries. Not more stiff joints. It will be adapted for all fitness levels and safe for all adults **Participants need to bring water; sneakers are required. ALL LEVELS WELCOME.**

THURSDAYS (AM) - MAY 2024

Course#: FUNCMOBIL1

Instructor: Dr. Maria Macarle

Dates: 05/09/2024 -05/30/2024

Fee: Res: \$40.00 Non-Res: \$50.00 (for 4 sessions)

Location: *Squiretown Park*

Age: 16 and over

Day/Time: Thu 10:30AM -11:30AM

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TOTAL RESISTANCE TRAINING

An exercise program that will use a specialized suspended device called TRX (Total Resistance System) to develop strength, balance, flexibility and core stability. This total body exercise program is easily adaptable for all fitness levels and safe for all adult ages. **Participants need to bring water; sneakers are required. ALL LEVELS WELCOME.**

THURSDAYS (AM) - MAY 2024

Course#: Trx06
Instructor: Dr. Maria Macarle
Dates: 05/09/2024 -05/30/2024
Fee: Res: \$40.00 Non-Res: \$50.00 (For 4 Sessions)

Location: [Squiretown Park](#)
Age: 16 and Over
Day/Time: Thu 9:30am -10:30am

TUESDAYS (AM) - JUNE 2024

Course#: Trx07
Instructor: Dr. Maria Macarle
Dates: 06/04/2024 -06/25/2024 **No Class Jun 18**
Fee: Res: \$30.00 Non-Res: \$40.00 (For 3 Sessions)

Location: [Squiretown Park](#)
Age: 16 and Over
Day/Time: Tue 9:00am -10:00am

THURSDAYS (AM) - JUNE 2024

Course#: Trx08
Instructor: Dr. Maria Macarle
Dates: 06/06/2024 -06/20/2024
Fee: Res: \$30.00 Non-Res: \$40.00 (For 3 Sessions)

Location: [Squiretown Park](#)
Age: 16 and Over
Day/Time: Thu 9:00am -10:00am

TUESDAYS (AM) - JULY 2024

Course#: TRX08
Instructor: Dr. Maria Macarle
Dates: 07/09/2024 -07/30/2024
Fee: Res: \$40.00 Non-Res: \$50.00 (for 4 sessions)

Location: [Squiretown Park](#)
Age: 16 and over
Day/Time: Tue 9:00AM -10:00AM

THURSDAYS (AM) - JULY 2024

Course#: TRX10
Instructor: Dr. Maria Macarle
Dates: 07/11/2024 -08/01/2024
Fee: Res: \$40.00 Non-Res: \$50.00 (for 4 sessions)

Location: [Squiretown Park](#)
Age: 16 and over
Day/Time: Thu 9:00AM -10:00AM

TUESDAYS (AM) - AUG 2024

Course#: TRX09
Instructor: Dr. Maria Macarle
Dates: 08/06/2024 -08/27/2024
Fee: Res: \$40.00 Non-Res: \$50.00 (for 4 sessions)

Location: Squiretown Park
Age: 16 and over
Day/Time: Tue 9:00AM -10:00AM

THURSDAYS (AM) - AUGUST 2024

Course#: TRX11
Instructor: Dr. Maria Macarle
Dates: 08/08/2024 -08/29/2024
Fee: Res: \$40.00 Non-Res: \$50.00 (for 4 sessions)

Location: [Squiretown Park](#)
Age: 16 and over
Day/Time: Thu 9:00AM -10:00AM

PARKS & RECREATION PROGRAMS

SUMMER 2024

PICKLE PLAY-A SOCIAL ROUND ROBIN

Pickleball League is intended for a level 3.0 or 4.0 players. Must have ability to volley at a medium pace. Must know rules of the game as well as basic ability. Participants must bring their own paddle. This is a Beginner social league. Each game will be 12 minutes long and then rotated around mix and match. If weather conditions cause a cancellation every effort will be made to schedule a make-up the games, however due to unpredictable weather make up games cannot be guaranteed.

TUESDAYS (AM)

Course#: PICKLELG1

Location: *Hampton West Park Tennis Courts*

Age: 18 and over

Dates: 05/07/2024 -05/28/2024

Day/Time: Tue 10:30AM -12:00PM

Fee: Res: \$40.00 Non-Res: \$55.00 (for 4 sessions)

WEDNESDAYS (AM)

Course#: PICKLELG2

Location: *Hampton West Park Tennis Courts*

Age: 18 and over

Dates: 06/12/2024 -06/26/2024

Day/Time: Wed 9:00AM -11:00AM

Fee: Res: \$45.00 Non-Res: \$60.00 (for 3 sessions)

Course#: PICKLELG3

Location: *Hampton West Park Tennis Courts*

Age: 18 and over

Dates: 07/10/2024 -07/31/2024

Day/Time: Wed 9:00AM -11:00AM

Fee: Res: \$60.00 Non-Res: \$75.00 (for 4 sessions)

Course#: PICKLELG4

Location: *Hampton West Park Tennis Courts*

Age: 18 and over

Dates: 08/07/2024 -08/28/2024

Day/Time: Wed 9:00AM -11:00AM

Fee: Res: \$60.00 Non-Res: \$75.00 (for 4 sessions)

PICKLEBALL LEARN AND PLAY

Come learn how to play this exciting game that uses many of the tennis skills on a smaller court. It is the answer to a low impact high energy game for singles and or doubles play. Participants must bring their own paddle to class. Loaner Paddles are available. No experience necessary, beginners welcome. Little to no experience playing pickleball or racquet sports. Low to minimal ball control using forehand and backhand. Minimal knowledge of the game. Minimal -moderate physical ability to move about the court. Skills, drills and game play will be taught. You will get evaluated at the end of the session for your new rating. Meet at 697 Stewart Avenue, Westhampton, Hampton West Tennis/Pickleball courts. If weather conditions cause a cancellation every effort will be made to schedule a make-up class, however due to unpredictable weather make up classes cannot be guaranteed.

PROG.1 TUESDAYS (AM)

Course#: PICKLEW01

Location: *Hampton West Park Tennis Courts*

Age: 18 and over

Dates: 05/07/2024 -05/28/2024

Day/Time: Tue 9:30AM -10:30AM

Fee: Res: \$72.00 Non-Res: \$82.00 (for 4 sessions)

PARKS & RECREATION PROGRAMS

SUMMER 2024

PICKLEBALL BEGINNER

Come learn how to play this exciting game that uses many of the tennis skills on a smaller court. It is the answer to a low impact high energy game for singles and or doubles play. Participants must bring their own paddle to class. No experience necessary, beginners welcome. Little to no experience playing pickleball or racquet sports. Low to minimal ball control using forehand and backhand. Minimal knowledge of the game. Minimal -moderate physical ability to move about the court. Skills, drills and game play will be taught. You will get evaluated at the end of the session for your new rating. Meet at 697 Stewart Avenue, Westhampton, Hampton West Tennis/Pickleball courts. If weather conditions cause a cancellation every effort will be made to schedule a make-up class, however due to unpredictable weather make up classes cannot be guaranteed.

PROG.1 TUESDAYS (AM)

Course#: PICKLEW05

Age: 18 and over

Dates: 06/04/2024 -06/25/2024 **No class Jun 18**

Fee: Res: \$65.00 Non-Res: \$75.00 (for 3 sessions)

Location: *Hampton West Park Tennis Courts*

Day/Time: Tue 10:30AM -11:30AM

PROG.2 TUESDAYS (AM)

Course#: PICKLEW06

Age: 18 and over

Dates: 07/09/2024 -07/30/2024

Fee: Res: \$85.00 Non-Res: \$95.00 (for 4 sessions)

Location: *Hampton West Park Tennis Courts*

Day/Time: Tue 10:30AM -11:30AM

PROG.3 TUESDAYS (AM)

Course#: PICKLEW07

Age: 18 and over

Dates: 08/06/2024 -08/27/2024

Fee: Res: \$85.00 Non-Res: \$95.00 (for 4 sessions)

Location: *Hampton West Park Tennis Courts*

Day/Time: Tue 10:30AM -11:30AM

PICKLEBALL ADVANCED BEGINNERS

Must have ability to volley at a medium pace. Must know rules of the game as well as basic ability. Ability to hit a medium paced shot. Lacks direction. Learning stroke form, consistently gets serve/return in play.

THURSDAYS

Age: 18 and over

Location: *Hampton West Tennis Courts*

Session 1 Dates: 07/11/2024 - 08/01/2024

Fee: Res: \$85.00 Non-Res: \$95.00 (for 4 sessions)

THURSDAYS

Session 2 Dates: 08/08/2024 - 08/29/2024

Age: 18 and over

Location: *Hampton West Tennis Courts*

Day/Time: Thu 11:30AM - 12:30PM

Fee: Res: \$85.00 Non-Res: \$95.00 (for 4 sessions)



OYSTER GARDENING PROGRAM - Residents ONLY.

Information Session: Tuesday, June 11th - 8AM -12PM (don't need to be there for whole session)

Workshop: The instructor will be at the site every Tuesday from June 11 - October 1st, 8:30AM-12PM. Come to as many as fits your schedule (**no workshop August 13th**) **Overwintering and**

lecture: Tuesday, October 1 (During workshop) **Town of Southampton Beach Parking Permit required.**

Learn how to grow oysters as part of an established East End oyster restoration initiative administered by Cornell Cooperative Extension. Receive gear, training and 1000 oysters that will help you on your way to becoming a proficient Aquaculturalist. Workshops will include life history, culture techniques, culinary tips, maintenance of gardens and all of the things you always wanted to know about shellfish but were afraid to ask.

If you have been previously in this Program, you must register for this Program again to keep your oysters at this location. If you would like to finish growing your oysters, you can do so at the marine center in Southold. Participants must be prepared to get wet and somewhat fouled.

Material Cost \$20 at site.

Course#: OYSTERGDN

Age: 14 and over

Day/Time: Tue 8:30AM-12:00PM

Location: *Tiana Bayside Rec. Facility*

Dates: 06/11/2024 - 10/01/2024

Fee: Res: \$200.00 (16 sessions)

NEW VIDEO PRODUCTION SKILLS CLASSES:

SUN20 TV, The Southampton Town Public Access Channel offers Intergenerational classes this summer for high school students and adults from the community. Classes will be conducted in the studio at Town Hall at 116 Hampton Road, Southampton and in the field, to be determined. Learn how the pros shoot and edit TV shows. Small classes will meet twice a week for three weeks. At the end of this schedule you will be able to produce your own shows that could air on SUN20 TV. **Bring your own laptop or tablet for editing purposes.**

MONDAYS AND TUESDAYS

Course#: VIDEOPRO

Location: *Town Hall at 116 Hampton Road*

Age: 16 and over

Dates: 8/5, 8/6, 8/12, 8/13, 8/19, 8/20

Day/Time: Mondays & Tuesdays 10:00AM-1:00PM.

Fee: Res: \$250 Non-Res: \$275

PARKS & RECREATION PROGRAMS

WWW.SOUTHAMPTONTOWNNY.GOV/PARKSONLINE

ON THE WATER

Town of Southampton Beach Parking Permit required.

GUPPY PROGRAM - AGE: 3-6

Water Safety/Swim Instruction - The "Guppy" classes are designed to prepare children ages 3 -6 for Level 2 (Basic Beginner) swimming lessons. The goal of these classes is to help children overcome any fears they may have of the water and teach them basic skills necessary to begin swimming lessons, such as putting their face and head in the water, blowing bubbles, using kickboards, and the prone and back floats.

PLEASE NOTE: 3-YEAR OLDS MUST BE ABLE TO WORK IN A GROUP WITH INSTRUCTORS WITHOUT PARENTS IN THE WATER. If a child is not able to do this, the instructor may request that the child wait another year to begin swimming lessons. Guppies must be accompanied to the Program by a parent or guardian. Each child may register for only one Guppy Class and may then be placed on a waiting list for an additional class.

Town of Southampton Parking Permit is required. Weather conditions and/or Program cancellation information for the Tiana Bay Programs may be obtained by calling the Parks and Recreation Department at (631) 728-8585 after 8:30AM. There will be NO refunds or make-up sessions for classes canceled due to poor weather conditions.

Course#: GUPPY01 **Location:** *Tiana Bayside Rec. Facility*
Age: 3-4 **Dates:** 07/01/2024-07/05/2024 (No class Thurs. July 4)
Day/Time: Mon, Tues, Wed, Fri 10:00AM-10:45AM
Fee: Res: \$25 **Residents ONLY** (4 sessions)

Course#: GUPPY02 **Location:** *Tiana Bayside Rec. Facility*
Age: 3-4 **Dates:** 07/08/2024-07/12/2024
Day/Time: Mon, Tue, Wed, Thu, Fri 10:00AM-10:45AM
Fee: Res: \$25 **Residents ONLY** (5 sessions)

Course#: GUPPY03 **Location:** *Tiana Bayside Rec. Facility*
Age: 3-4 **Dates:** 07/15/2024-07/19/2024
Day/Time: Mon, Tue, Wed, Thu, Fri 10:00AM-10:45AM
Fee: Res: \$25 **Residents ONLY** (5 sessions)

Course#: GUPPY04 **Location:** *Tiana Bayside Rec. Facility*
Age: 3-4 **Dates:** 07/22/2024-07/26/2024
Day/Time: Mon, Tue, Wed, Thu, Fri 10:00AM-10:45AM
Fee: Res: \$25 **Residents ONLY** (5 sessions)

Course#: GUPPY05 **Location:** *Tiana Bayside Rec. Facility*
Age: 3-4 **Dates:** 07/29/2024-08/02/2024
Day/Time: Mon, Tue, Wed, Thu, Fri 10:00AM-10:45AM
Fee: Res: \$25 **Residents ONLY** (5 sessions)

Course#: GUPPY06 **Location:** *Tiana Bayside Rec. Facility*
Instructor: Age: 3-4 **Dates:** 08/05/2024 -08/09/2024
Day/Time: Mon, Tue, Wed, Thu, Fri 10:00AM -10:45AM
Fee: Res: \$25 **Residents ONLY** (5 sessions)

PARKS & RECREATION PROGRAMS

SUMMER 2024

Course#: GUPPY5607 **Location:** *Tiana Bayside Rec. Facility*
Instructor: Age: 5-6 **Dates:** 07/01/2024 -07/05/2024 (No class Thurs, July 4)
Day/Time: Mon, Tue, Wed, Fri 11:00AM -11:45AM
Fee: Res: \$25 **Residents ONLY** (4 sessions)

Course#: GUPPY5608 **Location:** *Tiana Bayside Rec. Facility*
Instructor: Age: 5-6 **Dates:** 07/08/2024-07/12/2024
Day/Time: Mon, Tue, Wed, Thu, Fri 11:00AM -11:45AM
Fee: Res: \$25 **Residents ONLY** (5 sessions)

Course#: GUPPY5609 **Location:** *Tiana Bayside Rec. Facility*
Age: 5-6 **Dates:** 07/15/2024-07/19/2024
Day/Time: Mon, Tue, Wed, Thu, Fri 11:00AM-11:45AM
Fee: Res: \$25 **Residents ONLY** (5 sessions)

Course#: GUPPY5610 **Location:** *Tiana Bayside Rec. Facility*
Age: 5-6 **Dates:** 07/22/2024-07/26/2024
Day/Time: Mon, Tue, Wed, Thu, Fri 11:00AM-11:45AM
Fee: Res: \$25 **Residents ONLY** (5 sessions)

Course#: GUPPY5611 **Location:** *Tiana Bayside Rec. Facility*
Age: 5-6 **Dates:** 07/29/2024-08/02/2024
Day/Time: Mon, Tue, Wed, Thu, Fri 11:00AM-11:45AM
Fee: Res: \$25 **Residents ONLY** (5 sessions)

Course#: GUPPY5612 **Location:** *Tiana Bayside Rec. Facility*
Age: 5-6 **Dates:** 08/05/2024-08/09 /2024
Day/Time: Mon, Tue, Wed, Thu, Fri 11:00AM-11:45AM
Fee: Res: \$25

NIPPER GUARD PROGRAM (AGE: 7-10)

Pre requisite: Students will demonstrate in the first class the ability to swim 50 yards without stopping using any strokes with form and proper breathing and tread water for 2 minutes. This Program will feature many of the same activities of the popular Junior Lifeguard Program. NOT to be considered swim lessons. Recommended that nippers are at or above age level ability in Red Cross Lessons. Level 3,4,5. **Competition:** Ponquogue Beach, Hampton Bays Date: Saturday, August 3rd Time: 9:00AM.-11:00AM. Must be the age required at start of the class. **Please note: Town of Southampton Beach Parking Permit is required. Residents ONLY.**

Course#: NIPPERGDLB **Location:** *Foster Memorial (Long Beach)* **Age:** 7-10
Dates: 07/11/2024 - 08/03/2024 **Day/Time:** Thu 9:30AM-10:30AM **Fee:** Res: \$75 (5 sessions)

Course#: NIPPERGD1 **Location:** *Tiana Beach* **Age:** 7-10
Dates: 07/07/2024 - 08/03/2024 **Day/Time:** Sun 8:30AM - 9:30AM **Fee:** Res: \$75 (5 sessions)

Course#: NIPPERGD2 **Location:** *Tiana Beach* **Age:** 7-10
Dates: 07/07/2024 - 08/03/2024 **Day/Time:** Sun 10:00AM - 11:00AM **Fee:** Res: \$75 (5 sessions)

PARKS & RECREATION PROGRAMS

WWW.SOUTHAMPTONTOWNNY.GOV/PARKSONLINE

WATER SAFETY INSTRUCTION (LEVEL 2-6)

All levels of instruction are offered during each session. This is a two week Program, you cannot sign up for a Program after it has started. Must attend all classes to be eligible to take test. Participants will be tested at the beginning of the Program to determine their individual ability and level. Please bring a towel, wear comfortable clothing and proper bathing attire. Water shoes suggested. **Town of Southampton Beach Parking Permit required. Residents ONLY**

Weather conditions and/or Program cancellation information for the Tiana Bay Programs may be obtained by calling the Parks and Recreation Department at (631) 728-8585 after 8:30AM. There will be NO refunds or make-up sessions for classes canceled due to poor weather conditions.

Course#: WSIS1P1 **Location:** *Tiana Bayside Rec. Facility*
Age: 7-14 **Dates:** 07/01/2024 - 07/12/2024 (**No class July 4**)
Day/Time: Mon, Tue, Wed, Thu, Fri 12:30PM-1:30PM **Fee:** Res: \$75 (9 sessions)

Course#: WSIS1P2 **Location:** *Tiana Bayside Rec. Facility*
Age: 7-14 **Dates:** 07/15/2024 - 07/26/2024
Day/Time: Mon, Tue, Wed, Thu, Fri 12:30PM-1:30PM **Fee:** Res: \$75 (10 sessions)

Course#: WSIS1P3 **Location:** *Tiana Bayside Rec. Facility*
Age: 7-14 **Dates:** 07/29/2024 - 08/09/2024
Day/Time: Mon, Tue, Wed, Thu, Fri 12:30PM-1:30PM **Fee:** Res: \$75 (10 sessions)

JR. LIFESAVING (AGE: 11-15)

Pre-requisites: Participants must be able to swim 100-yards using the crawl stroke and tread water for 5 minutes without stopping. **Curriculum:** The instructors will begin each day with a brief lecture on topics relevant to the course goals. Basic warm-up exercises will be included in each class. The junior lifeguards will participate in training drills designed to help them become safe ocean swimmers. Most drills will be taught as "lifeguard competition" events. As long as ocean conditions permit, junior guards will train in the water. While swimming skills are a prerequisite for the course, swimming lessons will not be given. Instructors will help the students learn to recognize the power of the ocean, how to spot rip tides and other dangerous currents and how to swim safely in the ocean. **Residents ONLY.** The last class for all Programs will be a lifeguard tournament at Ponquogue Beach allowing the junior lifeguards to demonstrate their new skills. Must attend the first date. Competition is Saturday Aug 3rd Ponquogue Beach. 9:00AM to 11:00AM **Town of Southampton Beach Parking Permit required.**

Course#: JRLIFESAV1 **Location:** *Ponquogue Beach*
Age: 13-15 **Dates:** 07/07/2024 - 08/03/2024
Day/Time: Sun 9:00AM-11:00AM **Fee:** Res: \$100 (5 sessions)

Course#: JRLIFESAV2 **Location:** *Tiana Beach*
Age: 11-12 **Dates:** 07/06/2024 - 08/03/2024
Day/Time: Sat 9:00AM-10:00AM **Fee:** Res: \$100 (5 sessions)

Course#: JRLIFESAVM **Location:** *Mecox Beach*
Age: 11-15 **Dates:** 07/06/2024 - 08/03/2024
Day/Time: Sat 9:00AM-11:00AM **Fee:** Res: \$100 (5 sessions)

Course#: JRLIFESAV4 **Location:** *Sagg Main Beach*
Age: 11-15 **Dates:** 07/07/2024 - 08/03/2024
Day/Time: Sun 9:00AM-11:00AM **Fee:** Res: \$100 (5 sessions)

PARKS & RECREATION PROGRAMS

SUMMER 2024

JR. LIFESAVING - CADET (AGE: 15-16)

Pre-requisites: Participants must be 15 years of age. Must have participated in at least 1 year of junior lifeguarding. Must be able to swim 100 yards using the crawl stroke and tread water for 5 minutes without stopping. This Program meets 3-days a week. It is for juniors who are thinking about being a lifeguard. The Saturday class will be combined with the Junior Lifeguard Class. The mission of the Town of Southampton Cadet Program is to provide quality education, increase self-confidence, physical conditioning, and ocean awareness through instruction in water safety, first aid, beach ecology, and surf rescue techniques. The Program will give the cadet an opportunity to develop knowledge and skills, before entering the lifeguard-training Program and preparing for the Suffolk County Department of Health Services. A cadet will have the experience of being mentored during beach hours of the daily job activities of a Town of Southampton Ocean Lifeguard. The last class for all junior lifesaving Programs will be a lifeguard tournAMent at Ponquogue Beach allowing the junior lifeguards to demonstrate their new skills. Competition is Saturday Aug 3rd at Ponquogue Beach. 9:00AM - 11:00AM Must attend the first date. **Town of Southampton Beach Parking Permit required.**

Course#: JRLIFECAD1

Age: 15-16

Day/Time: Mon, Wed 10AM-12PM, Sun 9AM-11AM

Location: *Ponquogue Beach*

Dates: 7/8/24 - 8/3/24

Fee: Res: \$150 (12 sessions)

Course#: JRLIFECAD2

Age: 15-16

Day/Time: Mon, Wed 10AM-12PM, Sun 9AM-11AM

Location: *Sagg Main Beach*

Dates: 7/8/24 - 8/3/24

Fee: Res: \$150 (12 sessions)

FIRST AID/BACKBOARD LIFEGUARD RE-CERT

This course has been approved by the New York State Health Department as meeting the state's guidelines for surf lifeguard training. Anyone who wishes to be considered for employment as a surf lifeguard in Suffolk County must complete a state-approved surf lifeguard training Program, such as this one, before he/she can be hired by any municipality, or other beach operator, as a surf lifeguard. Course curriculum includes: introduction and organization, injury prevention, rules & regulations, emergency planning, first aid, practical skills, 8 hours of training on special conditions of ocean lifeguarding, and a written test. **Town of Southampton Beach Parking Permit required.**

Test 1: Day/Time: Thursday, Aug 1st - 8AM

Location: *Ponquogue Beach*

Test 2: Day/Time: Friday, Aug 2nd - 8AM

Location: *Ponquogue Beach*

Course#: FABLG2

Instructor: Parks & Rec Staff

Dates: 07/23/2024

Fee: Res: \$40 Non-Res: \$65 (1 session)

Location: *Red Creek Park*

Age: 16 and over

Day/Time: Tue 6:00PM-8:00PM

LIFEGUARD CPR TRAINING - FULL COURSE

All individuals registering for our Spring Lifeguard Course must sign up for one of the FULL CPR courses listed below, unless you have recently been certified in CPR and AED training for the adult, child and infant as well as choking instruction.

NOTE: MUST ATTEND ALL THREE (3) CLASSES. INCLUDES BOOK FEE

Course#: LG CPRFULL3

Instructor: Parks & Rec Staff

Dates: 07/08/2024-07/12/2024

Fee: Res: \$90 Non-Res: \$110 (3 sessions)

Location: *Red Creek Park*

Age: 16 and over

Day/Time: Mon, Wed, Fri 6:00PM-9:00PM

PARKS & RECREATION PROGRAMS

WWW.SOUTHAMPTONTOWNNY.GOV/PARKSONLINE

LIFEGUARD CPR TRAINING RECERTIFICATION

As the Town recognizes the need for lifeguards other than our own to become C.P.R. certified at this time of year, a limited number of spaces will be made available in these courses to lifeguards who do not work for the Town of Southampton. Course includes training in the use of AEDs. Please Note: In order to be eligible to renew your certification, you must have received your CPR certification through one of our training courses.

Course#: LGCPR08

Location: *Red Creek Park*

Instructor: Parks & Rec Staff

Age: 16 and over

Dates: 07/01/2024

Day/Time: Wed 6:00PM-8:00PM

Fee: Res: \$40 Non-Res: \$65 (1 session)

LIFEGUARD TRAINING - SURF COURSE

Courses Include: Introduction and organization, injury prevention, rules and regulations, emergency planning, first aid, practical skills, and a written test. The surf course includes an additional 8 hours of training on special conditions of ocean lifeguarding. (Both these courses have been approved by the New York State Health Department as meeting the state's guidelines for lifeguard training.)

Age: Anyone age 16 or over who wishes to work as a lifeguard. Above average swimming ability and physical condition required. Any individual who has not completed a state-approved lifeguard training Program, as well as anyone whose previous certification has been expired for more than 12 months, must complete a full course in order to be certified to work as a lifeguard in Suffolk County.

PLEASE NOTE: CPR training & testing must be completed in addition to either course. You must register separately for CPR and space is limited. We suggest you register for CPR when you register for lifeguard training. **At the first-class you will work out beach training times. All classes/test are held rain or shine**

Course#: LGTRSURF

Location: *Red Creek Park*

Instructor: Parks & Rec Staff

Age: 16 and over

Dates: 05/14/2024 - 06/23/2024

Day/Time: Mon, Tue, Wed, Thu 6PM-9PM

Fee: Res: \$200 Non-Res: \$250 (for 4 sessions)

Course#: LGTRSURF

Location: *Red Creek Park*

Instructor: Parks & Rec Staff

Age: 16 and over

Dates: 06/25/2024 - 07/12/2024

Day/Time: Mon, Tue, Wed, Thu 6:00PM-9:00PM

Fee: Res: \$200 Non-Res: \$250 (for 4 sessions)

LIFEGUARD TRAINING - NON SURF COURSE

Course includes: Introduction and organization, injury prevention, rules & regulations, emergency planning, first aid, practical skills and a written test. The surf course includes additional hours of training on special conditions of ocean lifeguarding. The course has been approved by the New York State Health Department as meeting the states guidelines for lifeguard training. Any individual who has not completed a state-approved lifeguard training Program, as well as anyone whose previous certification has been expired for more than 12 months, must complete a full course in order to be certified to work as a lifeguard in Suffolk County. **PLEASE NOTE:** CPR training & testing must be completed in addition to either course. You must register separately for CPR and space is limited. We suggest you register for CPR when you register for lifeguard training. If age 15, after completion of courses, you can work at Foster Memorial (Long Beach).

Course#: LGTRNSURF

Location: *Suffolk County Community College (Eastern Campus)*

Instructor: Parks & Rec Staff

Age: 15 and over

Dates: 05/14/2024 - 05/30/2024

Day/Time: Tue, Wed, Thu 6:00PM-10:00PM

Classroom is 6PM - 8:15PM, Pool is 8:30PM - 10PM.

Fee: Res: \$200 Non-Res: \$250 (4 sessions)

Non Surf Test: May 29th, May 30th - SCCC Eastern Campus Pool @ 8:30PM



Summer

NEW

AT Ponquoque Beach

276 Dune Road, Hampton Bays

Bring your family and a lawn chair to enjoy the evening

2024

FREE CONCERTS & MOVIES

Open to the Public

MONDAY
JULY
1
6:00 PM



SOUTHBOUND
Long Island's Top
Southern Rock/Country Band.
SPONSORED BY
HAMPTON BAYS CHAMBER
OF COMMERCE

MONDAY
JULY
29
6:00PM



SOCIAL GOLD
Best of the
50's, 60's, 70's & 80's
Dance Music.

Beach Facility: Parking, Restrooms, Showers, Concession. NO Tents, Grills, or Tailgating. Alcohol Beverages, Smoking/Vaping are prohibited

AT THE *Park*

GOOD GROUND
on stage



Stony Brook
Southampton Hospital

9A Squiretown Rd. Hampton Bays

WEDNESDAY
JULY
10
8:30 PM



**MOVIE NIGHT
SUPER MARIO**
CO-SPONSORED BY
YOUTH BUREAU AND THE
HAMPTON BAYS PUBLIC LIBRARY

THURSDAY
JULY
11
7:00PM



PUMP
Aerosmith Tribute Band.
SPONSORED BY
SOUTHAMPTON SUPERIOR
OFFICERS' ASSOCIATION

THURSDAY
JULY
18
7:00PM



NOIZ
R&B, Pop, Dance & Hip Hop hits
with style, verve & energy.
SPONSORED BY HAMPTON BAYS
BEAUTIFICATION ASSOCIATION

THURSDAY
JULY
25
7:00PM



**MEAN GENE &
THE FLAMETHROWERS**
60's & 70's Tribute Band.
SPONSORED BY THE
SAN GENNARO FEAST
OF THE HAMPTONS

WEDNESDAY
AUG
7
8:00 PM



**MOVIE NIGHT
BARBIE**
CO-SPONSORED BY
YOUTH BUREAU AND THE
HAMPTON BAYS PUBLIC LIBRARY

THURSDAY
AUG
8
7:00 PM



**THE SOUL
JAM REVUE**
The best of Funk, Soul & R&B.

THURSDAY
AUG
15
6:00 PM



**FOREIGN
JOURNEY**
The Ultimate
Foreigner-Journey
Tribute Band.

THURSDAY
AUG
22
6:00 PM



**WOOD
VIBRATIONS**
An acoustic party band.

THURSDAY
AUG
29
6:00 PM



NINA ET CETERA
A mix of original songs and covers,
blending rock, folk, soul,
country, and blues.



Instagram

FOLLOW US
@SouthamptonParksRec

Park Facility: Parking, Restrooms, Ice Cream Truck.
NO Tents, Grills, or Tailgating. Alcohol Beverages, Smoking/Vaping are prohibited.

www.southamptontownny.gov/ggponstage

YOUTH BUREAU ACTIVITIES

WWW.SOUTHAMPTONTOWNNY.GOV/YBPAYMENT

For more information or to register for Youth Bureau Programs, please call (631) 702-2425 or visit www.Southamptontownny.gov/YBpayment

BAND APPLICATIONS AVAILABLE! 21ST BATTLE OF THE BANDS COMPETITION -

Band applications are now available for the Southampton Youth Bureau's 21st Annual Battle of the Bands. This year's competition will be held on Friday, June 7th (Rain Date: Friday, June 14th) from 8:00PM – 11:00PM at Ponquogue Beach in Hampton Bays. All applications and demo music must be received by 4:00PM on Friday, May 10th 2024 and can be sent or dropped off to: BATTLE OF THE BANDS – YOUTH BUREAU 655 Flanders Road Flanders, NY 11901. Band applications and demo music may also be emailed to Peter Strecker at pstrecker@Southamptontownny.gov. Qualifying bands must have at least one high school student who resides in the Town of Southampton, and a band must consist of a minimum of 3 performing musicians. To view the band application form, please visit www.Southamptontownny.gov/youthbureau and click on the Southampton Youth Bureau's online calendar. For more information, please call (631) 702-2425.



COAST EXPLORERS SUMMER PROGRAM – EARLY REGISTRATION DISCOUNT

JULY 8TH THROUGH AUGUST 15TH
(MONDAY – THURSDAY) FROM 12:30PM – 5:00PM

The Town of Southampton Youth Bureau is currently accepting applications for their Coastal Explorers Summer Program at the Flanders Youth Center, 655 Flanders Road. Explorers will learn about Long Island's marine environment and natural resources. This summer Program will combine educational activities, field trips and hands-on experiences with traditional summer games and activities. This six-week Program will be held from July 8th through August 15th (Monday – Thursday from 12:30PM – 5:00PM). Youth entering grades 5 - 8 are eligible to participate – Proof of grade is required (no exceptions). Program registration fee is \$600 for all 6 weeks and is due by Monday, July 1st (Price includes cost of field trips, workshops, snacks and supplies). Register early by Monday, June 3rd for \$50 off total cost! Space is very limited and pre-registration is required. For more information or to register, please call (631) 702-2425 or visit www.Southamptontownny.gov/ybpayment.



POOL NIGHTS AT SYS

Youth in grades K – 8 are invited to have fun swimming, playing sports, games, and much more at the SYS Recreation Center, 1370a Majors Path beginning Monday, July 8th and ending on Thursday, August 15th. The pool is open on **Mondays for youth going into grades K – 4 and on Thursdays for youth going into grades 5 – 8** from 5:00PM – 8:00PM. Roundtrip transportation is available from the Flanders Community Center, 655 Flanders Rd. Bus leaves at 5:00PM and will return approximately at 8:30PM. A bathing suit and towel are required so don't forget it! **Life jackets are required for inexperienced swimmers.** Pre-registration is required and space is limited. For more information, please call (631) 702-2425 or visit www.Southamptontownny.gov/ybpayment.



TUESDAYS ON THE GO TRIPS -

The Southampton Youth Bureau will sponsor supervised trips to local amusement parks & attractions on Tuesdays during the summer starting July 9th until August 20th for youth going into grades 6 – 10 (Bus to/from Flanders Community Center). Trip prices range from \$15 - \$50 and times will vary based on location. **Pre-registration is required and space is limited! Trips are first come, first served.** In the event of park closures due to inclement weather, trips will be canceled and not rescheduled. For more information or to register, please visit www.Southamptontownny.gov/ybpayment.



SOUTHAMPTON YOUTH BUREAU
@SOUTHAMPTONYB

SENIOR SERVICES

WWW.SOUTHAMPTONTOWNNY.GOV/SENIORSERVICES

MAH JONGG CLUB

The original Mah Jongg game is a board game for four players somewhat similar to the card game "Gin Rummy", but played with tiles instead of cards. Recently a growing number of people are realizing the intellectual challenge Mah Jongg poses and the beauty and excitement of the game itself. Come and join the fun of the ancient Chinese Tile Game.

Location: Hampton Bays Senior Center

Date & Times: Wednesdays, 12:30PM – 3:30PM

No fee required. For more information, please call (631) 728-1235

KNITTING & CROCHETING CIRCLE

We knit infant caps and blankets for local hospitals and the Stony Brook University Hospital NICU. We are looking for you to share your creative talents and invite you to knit, crochet, quilt or sew a blanket or hat. Your generous gifts will envelop a child in love. Please bring your own knitting/crocheting needles and current projects. Yarn will be supplied for small projects. *For more information, please call (631) 728-1235*

Date: Tuesdays
Time: 10:00AM – 11:30AM
Place: Hampton Bays Center

Date: Tuesdays
Time: 10:00AM - 11:30AM
Place: Flanders Senior Center

BINGO

The game of Bingo dates back to the 1500's in Italy. Bingo arrived in the United States in 1929 and was originally referred to as Beano. Today it is as hot as ever. Come and join in the fun.

Location: Hampton Bays **Date:** Tuesdays **Time:** 10:00AM – 11:30AM

Location: Hampton Bays **Date:** Thursdays **Time:** 1:00PM – 2:30PM

Location: Flanders **Date:** Wednesdays **Time:** 12:45PM– 1:45PM

Bingo is played at the Bridgehampton Senior Center please call (631) 537-3027

COUNTRY LINE DANCING GROUP

You know you should exercise more but dread the thought? Country Line Dancing is the answer!

Partners are not required. Beginners and intermediates welcome. Come and join the fun with the Dancing Boots! *****Soft-soled shoes must be worn**

No fee required. For more information, please call (631) 728-1235

Location: Flanders **Date:** Mondays **Time:** 10:30AM **Instructor:** Linda
Location: Flanders **Date:** Fridays **Time:** 1:00PM **Instructor:** Maxine

CHAIR YOGA

You have nothing to lose and so much to gain! You will benefit from this Program in so many ways. Yoga encourages proper breathing, good posture and better balance. It also increases flexibility, strength and circulation. Join our Yoga Instructors for this hour long class and you will begin to see and feel the benefits of chair yoga.

Location: Hampton Bays **Date:** Wednesdays **Time:** 1:00PM - 2:00 M
Location: Bridgehampton **Date:** Tuesdays **Time:** 10:00AM - 11:00AM
Location: Flanders **Date:** Thursdays **Time:** 10:45AM - 11:45AM

STRETCH AND TONE EXERCISE CLASSES

Exercise can help you take charge of your health and maintain the level of fitness necessary for an active, independent lifestyle! All fitness levels welcome - FREE!!

Location: Hampton Bays **Time/Date:** Mondays and Fridays at 10:00AM

Location: Bridgehampton **Time/Date:** Wednesdays at 10:00AM

Location: Flanders **Time/Date:** Wednesdays at 10:15AM

No Fee required. For more information, please call (631) 728-1235.

BOOK DISCUSSION SERIES

Come and join this lively and stimulating book discussion group. Books are supplied and there is a time of fellowship during which refreshments are served.

Books titles TBA..

Location: Hampton Bays

Dates: Fridays - July 26, August 23 and September 27

Times: 1:00PM-2:30PM

Registration is required, please call (631) 728-1235.

COMPUTERS

Jump into the modern day world... it may be scary but it is easy! All of our Senior Centers have computers set up for you to use and are available daily. Surf the Internet, play a game or check your email.

COFFEE & CONVERSATION

During this time, we will discuss a different topic every week pertaining to various worldly issues, self-improvement and well-being. In this group you will develop a support group.

Location: Hampton Bays **Date:** Thursdays **Time:** 10:30AM

Location: Bridgehampton **Date:** Thursdays **Time:** 10:00AM

AN AFTERNOON AT THE MOVIES

Join us for an afternoon of entertainment! We will indulge in a movie, popcorn and other snacks. Lights, camera, action! Movies TBD..

Location: Hampton Bays **Time:** 12:45PM **Date:** Tuesdays - July 9, Aug 13, Sept 10

Location: Flanders **Time:** 12:45PM **Date:** Tuesdays - July 9, Aug 13, Sept 10

SENIOR SERVICES SPECIAL EVENTS

Please contact your local Senior Center for our Special Events Scheduled for Summer 2024

Flanders Senior Center - (631) 702-3275

Hampton Bays Senior Center - (631) 728-1235

Bridgehampton Senior Center - (631) 537-3027

SENIOR SERVICES

WWW.SOUTHAMPTONTOWNNY.GOV/SENIORSERVICES

SENIOR CENTERS AND HOME DELIVERED MEALS

Meals are provided in the bright and cheerful setting of our own facilities. Many social, cultural, educational and recreation opportunities are offered at our centers. Additionally, an appealing, nutritionally balanced meal is served daily at noontime for a suggested donation of **\$3.50**.

Computers are available at all 3 centers for your use. **Round-trip transportation is available.**

Meals can also be provided to your home on a temporary or long-term basis five days per week for homebound seniors for a suggested contribution of **\$3.50**

Location: Hampton Bays - 25 Ponquogue Avenue

Phone: (631) 728-1235

Location: Bridgehampton - 585 Sag Harbor Turnpike

Phone: (631) 537-3027

Location: Flanders - 655 Flanders Road

Phone: (631) 702-2375

Days/Hours: Monday to Friday, 8:00AM – 4:00PM

SENIOR SHUTTLE

The Town of Southampton Essential Services/Handicapped Transportation Program is designed to aid homebound persons and non-driving residents of the township with transportation to and from such basic essential services as shopping, banking, non-emergency medical visits, governmental agencies, and hospital visitation of a sick spouse. Advance reservations are required.

Weekdays - 8:30AM – 4:00PM ****Suggested Contribution - \$3** one way OR **\$4** round trip

For further information, please call the Shuttle Office at (631) 728-1110

ADULT DAY CARE PROGRAM

This wonderful Program provides companionship and stimulation as well as respite, information, referrals and support groups for caregivers. A continental breakfast and hot lunch are served daily. Transportation can be provided.

Who uses Adult Day Care? Day Care participants include adults who are

- Physically impaired,
- Socially isolated,
- In need of assistance and personal care,
- Mentally confused,
- Limited in their ability to function independently in the community

Transportation is provided. For more information, please call (631) 728-1235.

Location: Hampton Bays Senior Center **Hours:** Monday to Fridays 8:00AM to 2:00PM

Cost:

Daily Rate	(Scheduled day)	\$55
Daily Rate	(Unscheduled)	\$60

Pre-Paid Monthly Rates

Pre-paid rate **\$40 a day**

**NEW PROGRAM - SHOPPING ASSISTANCE PROGRAM

We are pleased to announce our new Senior Shopping Assistance Program.

This service is for seniors who are essentially homebound, with mobility issues and those who lack the support to meet their shopping needs. Seniors will be assessed to determine whether the shopping Program is needed and the level and/or frequency of the assistance.

Please call Randy at (631) 728-1235 for more information.

SUPPORT GROUPS FOR CAREGIVERS OF THE ELDERLY

The following groups will provide information, educational skills and support to families who are caregivers of the elderly in our communities. **All groups are offered via ZOOM...**

CAREGIVER'S SUPPORT GROUP~

Dates: Every Monday of every month

Time: 1:00PM- 2:30PM

**last Monday of the month, meeting will be held at the Hampton Bays Senior Center with lunch served at 12PM

ADULT CHILDREN OF AGING PARENTS SUPPORT GROUP~

Dates: 3rd Wednesday of every month

Time: 6:30PM – 8:00PM

GRANDPARENTS RAISING GRANDCHILDREN SUPPORT GROUP~

Dates: Every Wednesday of every month

Time: 1:00PM – 2:30PM

** last Monday of every month will be held 6:30PM - 8:00PM

Please call (631) 728-1235 for more information.

EXPANDED IN-HOME SERVICES FOR ELDERLY PROGRAM (EISEP) AND HELPING HANDS PROGRAM

Southampton Town provides services through Catholic Health Services of Long Island These are Programs that provide services for seniors who need assistance with cleaning, shopping, laundry, errands and friendly visiting.

For more information call Catholic Homecare (631) 887-7031.

"VIAL OF LIFE" PROGRAM

The Vial of Life Program is a free Program designed for seniors and individuals with serious medical conditions to provide pertinent medical information to emergency personnel who respond to home emergencies. A "Vial of Life" contains the medical history needed by the responding emergency personnel, such as existing medical conditions, allergies and medications currently being taken.

"Vial of Life" participants complete a Medical Information Form that is placed on the refrigerator.

A "Vial of Life" decal is then placed on the front door in plain view for emergency personnel to alert them that medical information is located inside the home. To obtain a "Vial of Life" packet... call for more information (631) 728-1235

RESIDENTIAL REPAIR PROGRAM

The Town of Southampton offers a Residential Repair Program for residents age 60 and over, who are homeowners or renters. This Program provides household assistance with chores that do not require the skills of a licensed craftsman. **This is not an emergency service.**

Call (631) 728-1235 for a list of the types of repairs that can be provided and to schedule an appointment with our repairman. You pay for needed materials only.



**TOWN OF SOUTHAMPTON
PARKS & RECREATION DEPARTMENT**

Kristen M. Doulos, Town Parks Director
Derryl Baumer, Jr., Assistant Town Parks Director
Gina D'Amaro, Assistant Superintendent of Recreation

Parks & Recreation Office:

6 Newtown Road, Hampton Bays
(631) 728-8585 Fax (631) 728-8525
Hours: **Monday-Friday, 8:30AM - 3:30PM**

Parks Maintenance Office:

24 Jackson Avenue, Hampton Bays (631) 728-4170
Jon Erwin, Director of Parks Maintenance



TOWN OF SOUTHAMPTON

Maria Z. Moore, Supervisor
Michael A. Iasilli, Councilmember
Cyndi McNamara, Councilwoman
William Pell, Councilman
Tommy John Schiavoni, Councilman

Sundy A. Schermeyer, Town Clerk

www.southamptontownny.gov/parksrec